

Ultimate Guitar Workout

Practice Multivitamin

Shred

♩ = 150

Andalusian Cadence

Power Chords

Em D C B

TAB

Counterpoint

Em D C B

TAB

Down Picking

Em D

TAB

C B

TAB

Tremolo Picking

Em D

TAB

C **B**

TAB: 3 3 3 3 3 3 3 3 3 3 5 5 5 5 | 2 2 2 2 3 3 3 3 6 6 6 6 9 9 9 9

Em **D**

TAB: 12 12 14 14 15 15 14 14 12 12 14 14 | 10 10 12 12 14 14 12 12 14 14 12 12 10 10 12 12

C **B**

TAB: 8 8 10 10 12 12 10 10 12 12 10 10 8 8 10 10 | 7 7 8 8 10 10 9 9 10 10 8 8 7

Chugs

Em **D** **C** **B**

TAB: 9 9 9 9 9 9 9 9 9 9 | 7 7 7 7 7 7 7 7 7 7 | 5 5 5 5 5 5 5 5 5 5 | 4 2

Sweep Picking

Em **D**

TAB: 14 12 12 12 14 15 14 12 | 14 12 12 12 14 15 14 12 | 12 11 10 10 12 14 12 10 | 12 11 10 10 12 14 12 10

C **B**

TAB: 10 9 8 8 10 12 10 8 | 10 9 8 8 10 12 10 8 | 9 8 7 7 8 10 8 7 | 9

Legato + Hybrid Picking

Em D

0 0 9 11 12 11 9 | 10 9 7 9 10 | 0 0 7 9 11 9 7 | 5 7 9 9 7 5 7 9

C B

0 0 5 7 9 7 5 | 7 5 3 5 7 | 0 0 4 5 7 4 | 2 3 5

Finger Tapping

Em7 D7

12 15 19 | 12 14 17 17 | 12 15 17 15 12 | 10 13 15 13 10 | 10 14 17 | 10 12 16 16

Cmaj7 B7

8 12 15 | 9 10 14 14 | 8 12 13 12 8 | 7 10 12 10 7 | 7 11 14 | 7 9 13 13

P.M.

7 0 12 9 | 10 9 0 8 | 2 2 2 | 2 2 2 | 0 0 2 2 | 0 0