

16th note strumming pattern scratch paper

The arrows show the appropriate arm movement for the entire pattern.

Above the 1 e + a 2 e + a 3 e + a 4 e + k a , write in an arrow each time you hit the strings and leave it blank each time you don't. You can also put an "x" for a string mute. The direction your arrows point should ALWAYS match the arrows below and your arm should ALWAYS move with the black arrows regardless of the pattern you write.

1 e + a 2 e + a 3 e + a 4 e + a
↓↑↓↑↓↑↓↑↓↑↓↑↓↑↓↑

1 e + a 2 e + a 3 e + a 4 e + a
↓↑↓↑↓↑↓↑↓↑↓↑↓↑↓↑

1 e + a 2 e + a 3 e + a 4 e + a
↓↑↓↑↓↑↓↑↓↑↓↑↓↑↓↑

1 e + a 2 e + a 3 e + a 4 e + a
↓↑↓↑↓↑↓↑↓↑↓↑↓↑↓↑

1 e + a 2 e + a 3 e + a 4 e + a
↓↑↓↑↓↑↓↑↓↑↓↑↓↑↓↑

1 e + a 2 e + a 3 e + a 4 e + a
↓↑↓↑↓↑↓↑↓↑↓↑↓↑↓↑

1 e + a 2 e + a 3 e + a 4 e + a
↓↑↓↑↓↑↓↑↓↑↓↑↓↑↓↑

1 e + a 2 e + a 3 e + a 4 e + a
↓↑↓↑↓↑↓↑↓↑↓↑↓↑↓↑