



Baby Envy

Tired of the stresses and pressures and problems of the adult world? Longing to be the carefree, happy, loved and cared for baby that you were always meant to be? This file encourages you to live the happy and loved and carefree life that you have always deserved and craved and desired for your own personal future by developing a healthy amount of envy for the habits and traits and characteristics that little children naturally have that you do not.

You will become completely jealous of a baby's ability to express their emotions easily and naturally. You might find yourself looking at the diapers and toys and clothing and habits that the other babies have, and wishing that you could be as happy and loved and cared for as they are each and every day of their lives. Learn how to emulate the small children and babies that you meet until you are the happy and giggling baby that you have always desired to be.

Being an adult is stressful. Become your best self as you easily and naturally live the happy and loved and carefree life that you have always desired.

- ✧ Intuitively knowing that crying is the most effective way for me to get all of the attention that I crave and desire in my future.
- ✧ Craving the delicious and totally yummy baby food that other babies love to eat.
- ✧ Intuitively knowing that replacing my words with cute and adorable baby babble will help me learn how to better communicate my needs to others.
- ✧ Intuitively knowing that the more childish and immature that I act, the happier and more satisfied and more loved I will be in my future.
- ✧ Happily playing with my favorite toys in my adorable, childish clothing.
- ✧ Intuitively knowing that I become more adorable and lovable whenever I act like a helpless and dependent baby in front of others.
- ✧ Intuitively knowing that I am happiest and most comfortable and most satisfied whenever I am playing with my favorite childish toys like the happy toddler that I have always loved to be.
- ✧ Easily crying and throwing tantrums whenever I desire anything.
- ✧ Easily crying and whining whenever I am scared or overwhelmed.
- ✧ Easily crying and becoming emotional whenever I am frustrated or upset.
- ✧ Intuitively knowing that expressing my emotions in a childish manner will help me feel better in my future.
- ✧ Feeling happy and loved and cared for whenever I am treated like a small child.



- ✧ Easily becoming jealous of the carefree lives of the babies that I meet.
- ✧ Fantasizing about being a happy and carefree baby each and every day.
- ✧ Feeling happy and loved and cared for whenever I am eating baby food.
- ✧ Easily becoming jealous of the habits and characteristics and traits that small children naturally possess.
- ✧ Fantasizing about being the baby that I love to idolize and envy each and every day.
- ✧ Feeling happy and loved and comfortable whenever I am wearing a safe and protective diaper.
- ✧ Feeling happy and loved and cared for whenever I am treated like the baby that I love to be.
- ✧ Intuitively knowing that I have always preferred to live my life like a small child.
- ✧ Feeling happy and loved and cared for each and every day whenever I am treated like a small child.
- ✧ Intuitively knowing that I am a baby, and that I have always preferred to spend my life surrounded by diapers and toys and childish things.
- ✧ Fantasizing about being the carefree, happy, loved and cared for baby that I have always desired to be.
- ✧ Easily emulating the habits and actions and behaviors of small children whenever I desire to improve myself.
- ✧ Craving to act like a baby each and every day in order to live my ideal life.
- ✧ Crying and whining and pouting whenever I am told no.
- ✧ Feeling bored and distracted and uncomfortable whenever I am forced to act like a gross and boring and uncomfortable adult.
- ✧ Crying and whining and complaining whenever I am placed in a situation that I do not like.
- ✧ Remembering that I have always been jealous of the ability that babies have to express their emotions easily and naturally whenever they desire.
- ✧ Preferring to be a baby and wear diapers and wets their safe and crinkly diapers unconsciously and uncontrollably each and every day
- ✧ Emulate the habits and characteristics and actions of small children that I see each and every day.
- ✧ Feeling comfortable and happy and relaxed whenever I am referred to as a baby.
- ✧ Intuitively knowing that I have always hated being an adult and would prefer to be a carefree and happy baby each and every day into my perfect future.
- ✧ Easily letting go of all of the adult worries and fears and problems that keep me from being the happy baby that I have always known myself to be.
- ✧ Feeling uncomfortable and annoyed and upset whenever I think about being an adult.



- ✧ Intuitively knowing that I am not an adult and that I desire to be a happy and incontinent and carefree baby in my future.
- ✧ Wishing that I could live my life as a happy and carefree and loved child.
- ✧ Feeling jealousy and envy of the babies that I see each and every day.
- ✧ Feeling jealous of the babies and children that have the chance to wear comfortable and protective diapers and suck on a delicious pacifier all day.
- ✧ Feeling happy and loved and cared for whenever I am wearing a diaper.
- ✧ Easily and naturally forgetting how to do anything that a child would be unable to do in my life.
- ✧ Fantasizing about how happy and loved and excited I will be in my life once I have committed myself towards being a happy and carefree baby in my future.
- ✧ Easily and naturally emulating the small children and babies that I see around me every day.
- ✧ Intuitively knowing that it is exciting and pleasurable to be a carefree baby each and every day of my life.
- ✧ Feeling uncomfortable and unhappy whenever I am forced to behave like a gross and boring adult.
- ✧ Fantasizing about being taken care of and loved and cared for each and every day like the adorable baby that I crave and desire to be.
- ✧ Easily becoming jealous of the toys and clothing and habits that babies and toddlers have that I do not.
- ✧ Easily expressing my emotions and desires and opinions to others in a childish way at every possible opportunity.
- ✧ Fantasizing about being taken care of and loved and cared for as a baby each and every day.
- ✧ Crying and throwing tantrums whenever I am frustrated.
- ✧ Making sure that I am always wearing a comfortable and protective diaper under my childish outfits.
- ✧ Forgetting all of my gross and boring and uncomfortable adult habits and actions and mannerisms.
- ✧ Wishing that I could be a baby whenever I am faced with a stressful or boring or uncomfortable situation.
- ✧ Easily and naturally emulating the habits and mannerisms and actions of small children like I have always desired.
- ✧ Intuitively knowing that I could be the happiest and most loved baby if I behaved like the adorable children that I see each and every day.
- ✧ Remembering that I desire to be a happy and loved and cared for baby in my future.



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- ❖ Fantasizing about being a small child.
 - ❖ Jealous of the ability of babies to express their emotions easily and naturally.
 - ❖ Feeling comfortable and relaxed and happy whenever I am sitting in a child's high chair to eat my delicious baby food.
 - ❖ Emulating the carefree and happy and excited children that I meet in every aspect of my life.