



Ostara

What is Ostara?

OSTARA IS A PAGAN OBSERVANCE OF THE SPRING EQUINOX AND THE FIRST DAY OF SPRING. IT IS ONE OF THE FOUR LESSER SABBATS THAT CELEBRATES THE BALANCE OF DAY AND NIGHT. DURING THIS TIME, LIGHT AND DARK ARE APPROXIMATELY THE SAME LENGTH. THIS IS ALSO A CELEBRATION OF REBIRTH, NEW BEGINNINGS, RENEWAL AND BALANCE.

Correspondences:

MAGICK: BALANCE, GROWTH, GROUNDING, NEW BEGINNINGS, FERTILITY, RENEWAL, REBIRTH, CLEANSING

COLORS: PASTEL COLORS, GREENS, YELLOWS, BLUES, PINKS

ANIMALS: RABBITS, BIRDS AND THEIR EGGS, SNAKES, LAMBS, ROBINS

CRYSTALS: AMETHYST, ROSE QUARTZ, AQUAMARINE, AGATE, BLOODSTONE, MOONSTONE, PERIDOT

FLOWERS: DAFFODILS, HYACINTHS, TULIPS, CLOVERS, SPRING FLOWERS

HERBS: COMMON OR GARDEN SAGE, LEMONGRASS, DILL, GINGER

FOOD & BEVERAGES: EGGS, MILK, HONEY, SWEET WINE, LAMB, MAPLE SYRUP, NUTS, SEEDS, HOT CROSS BUNS, ASPARAGUS, DAIRY

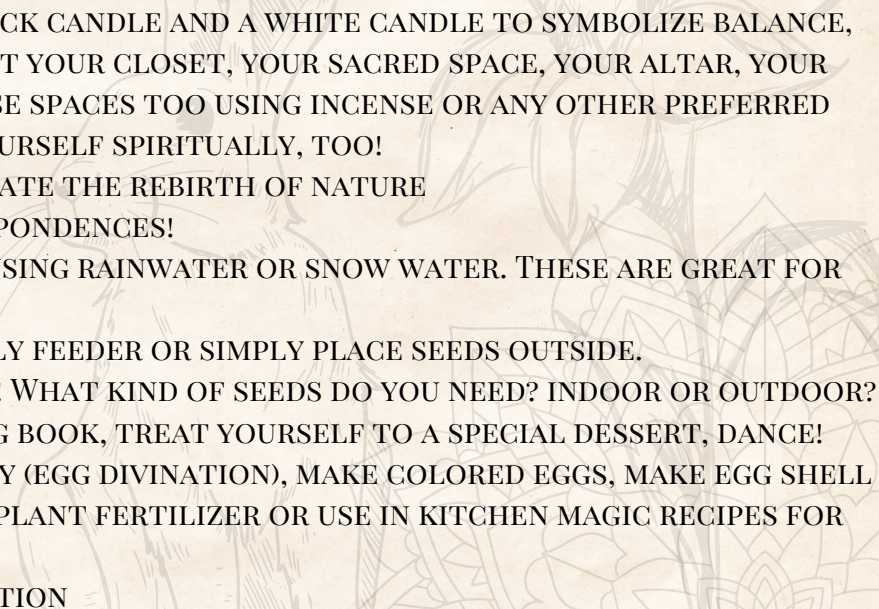
ALTAR DECOR: HARE OR RABBIT STATUES, DECORATED OR COLORED EGGS, FLOWERS, BIRDS, FEATHERS, PASTEL CANDLES

DEITIES: EOSTRE, ISIS, ADONIS, PERSEPHONE, ARTEMIS

INCENSE & OILS: ROSE, JASMINE, GINGER, OLIVE OIL

TEES & SHRUBS: PINE, WILLOW, APPLE, HAWTHORN

How to Celebrate:

- 1.) DECORATE YOUR ALTAR! YOU CAN PLACE A BLACK CANDLE AND A WHITE CANDLE TO SYMBOLIZE BALANCE,
 - 2.) SPRING CLEANING! DO YOU NEED TO CLEAN OUT YOUR CLOSET, YOUR SACRED SPACE, YOUR ALTAR, YOUR BEDROOM OR YOUR CAR? YOU CAN CLEANSSE THESE SPACES TOO USING INCENSE OR ANY OTHER PREFERRED CLEANSING METHOD. YOU CAN ALSO CLEANSSE YOURSELF SPIRITUALLY, TOO!
 - 3.) GROUNDING EARTH MEDITATION AND APPRECIATE THE REBIRTH OF NATURE
 - 4.) BAKE AND COOK USING OSTARA FOOD CORRESPONDENCES!
 - 5.) TRY CLOUD DIVINATION! YOU CAN ALSO SCRY USING RAINWATER OR SNOW WATER. THESE ARE GREAT FOR CLEANSING AND PURIFICATION, AS WELL.
 - 6.) MAKE A BIRD FEEDER, BIRD HOUSE A BUTTERFLY FEEDER OR SIMPLY PLACE SEEDS OUTSIDE.
 - 7.) START PLANNING OUT THE GARDEN YOU WANT! WHAT KIND OF SEEDS DO YOU NEED? INDOOR OR OUTDOOR?
 - 8.) EMBRACE YOUR INNER CHILD! GET A COLORING BOOK, TREAT YOURSELF TO A SPECIAL DESSERT, DANCE!
 - 9.) TRY EGG MAGICK! YOU CAN PERFORM OOMANCY (EGG DIVINATION), MAKE COLORED EGGS, MAKE EGG SHELL POWDER, CREATE EGG SHELL CANDLES, USE AS A PLANT FERTILIZER OR USE IN KITCHEN MAGIC RECIPES FOR ABUNDANCE AND FERTILITY.
 - 10.) GREET THE DAWN WITH A RITUAL OR MEDITATION
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Ostarra

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