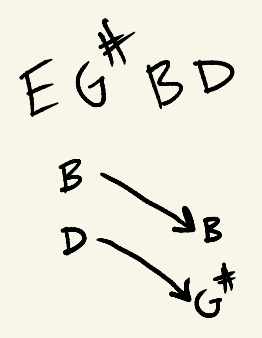
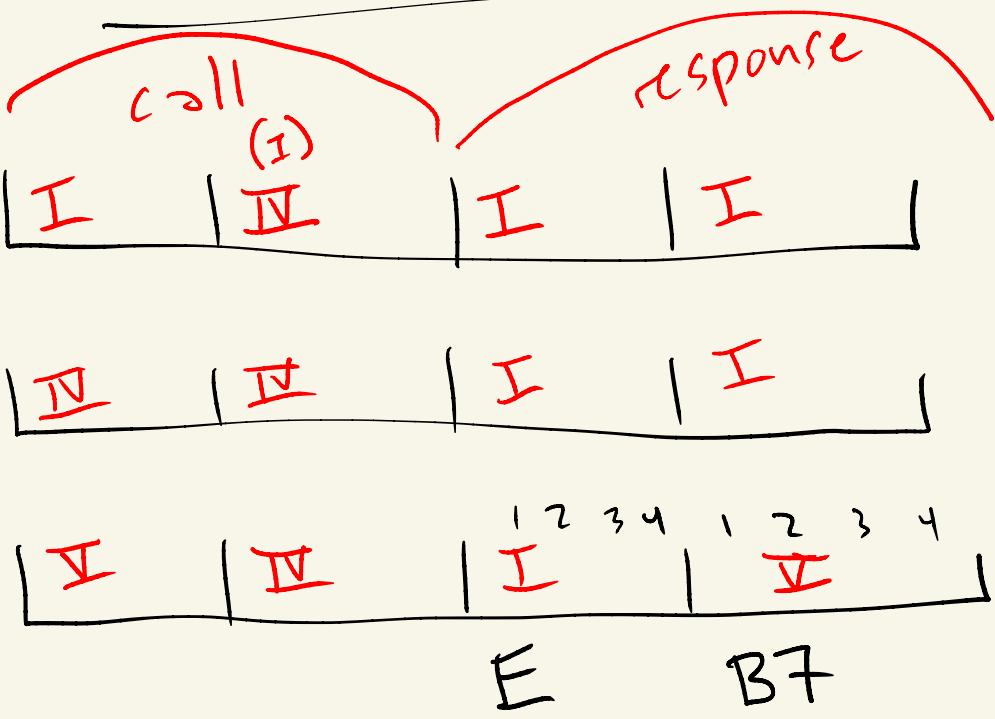
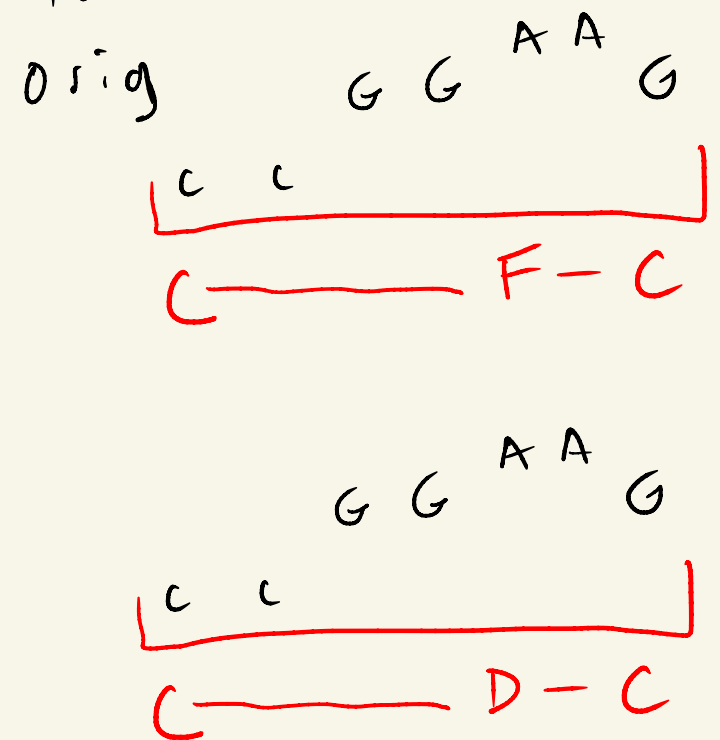


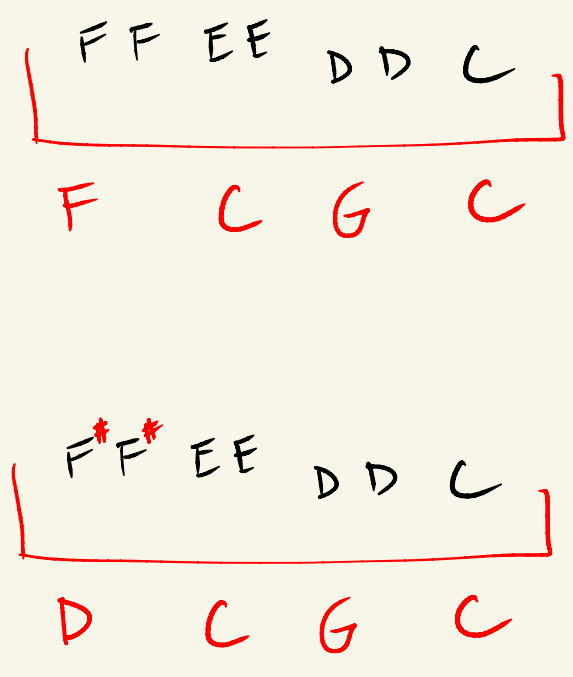
12 bar blues



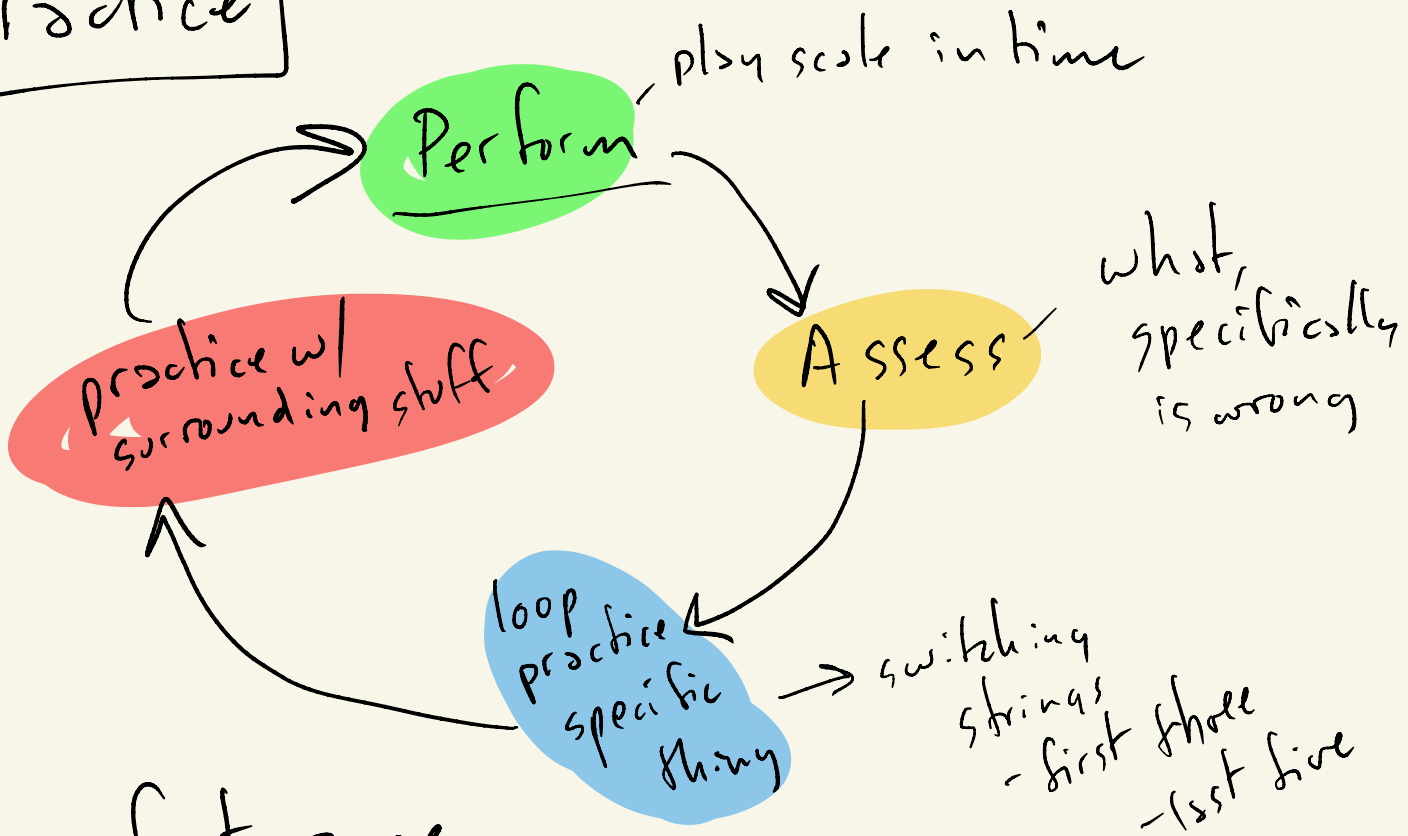
Twinkle



C Lydian
 Lydian chords: C D E F# G A B C
 chords: C D Em F# G Am Bm



Practice



Comfort zone

50 BPM = really comfy ●

↕ > practice zone (60 70) ●

80 BPM = hard but sometimes doable ●