



Candles & Bubble Baths

Do you ever find yourself feeling anxious or worried or stressed in your life? Perhaps you just need a little time to yourself to relax and unwind and enjoy the feminine activities that allow you to face your future with fresh desire and enthusiasm.

Listen as I gently guide you towards a natural awareness of the importance of taking a relaxing and luxurious bubble bath surrounded by your favorite soothing and floral candles whenever you find yourself feeling anxious or worried or stressed or tired. Discover that there is nothing better for your mental state than sitting in a comfortable tub surrounded by girly scents as you allow the water to relax your muscles and clear your mind for lots of delicious and pleasurable feminine thoughts. Crave the comforting smells of candles and lotions and soaps as a great way to wind down from your stressful day, and find yourself coming to love your new pleasurable feminine routines as you grow more and more accustomed to surrounding yourself in the comfort that makes you the most happy in life.

Close your eyes and go deeper as you learn about all of the pleasurable and exciting ways in which you have always loved to take care of yourself.

- ✧ Feeling proud and accomplished and satisfied whenever I have taken the time to relax in a warm and comfortable and soothing bath.
- ✧ Imagining myself happily surrounded by my favorite scented candles and soaps and lotions as I take a luxurious and relaxing bath.
- ✧ Intuitively knowing that taking a relaxing bath is the best way for me to relieve my stresses and anxieties and worries.
- ✧ Feeling relaxed and comfortable and happy whenever I am surrounded by feminine beauty products.
- ✧ Feeling excited and passionate and aroused whenever I buy new feminine beauty products.
- ✧ Feeling an overwhelming desire to take a relaxing and luxurious bubble bath whenever I feel stressed or anxious or worried.
- ✧ Feeling uncomfortable and unhappy and unconfident whenever I am not surrounded by all of the things that make me feel relaxed and comfortable and at peace in my life.
- ✧ Preferring to surround myself with all of the beautiful and delicate and girly soap and shampoos and lotions and perfumes that make me feel feminine and excited and happy.



- ❖ Feeling uncomfortable and unhappy whenever I am not taking care of myself and pampering myself with my favorite feminine beauty products.
- ❖ Feeling excited and happy and loved whenever I buy new feminine beauty products.
- ❖ Making sure that I am always well groomed and put together in order to feel pleasure and happiness and pride in my beautiful feminine appearance.
- ❖ Imagining how happy I will be in my future once I am replacing all of my uncomfortable and gross and boring masculine bathroom accessories with soft and delicate and feminine beauty products.
- ❖ Feeling relaxed and comfortable and feminine whenever I am surrounded by the scents of my favorite soaps and candles.
- ❖ Feeling anxious and worried and stressed whenever I am not taking the time to relax in a luxurious and soothing and feminine bubble bath.
- ❖ Intuitively knowing that taking a relaxing bubble bath will help me feel better whenever I am feeling stressed or anxious or worried.
- ❖ Remembering to surround myself with the scents and products and smells that make me feel the most happy and relaxed and comfortable.
- ❖ Craving the feeling of relaxing in a bubble bath surrounded by my favorite feminine products.
- ❖ Remembering how much I have always loved to take bubble baths and how taking a relaxing bath has always helped me to relieve all of my stress and anxiety and worry in the past.
- ❖ Intuitively knowing that taking long bubble baths while I am surrounded by sensual and feminine candles is one of the most relaxing and enjoyable activities in my life.
- ❖ Craving the feeling of being surrounded in bubbles and floral scents.
- ❖ Knowing that the smell of floral and feminine soaps and lotions has always made me feel calm and happy and comfortable in my past.
- ❖ Feeling excited and happy and aroused whenever my skin feels smooth and soft and feminine.
- ❖ Intuitively knowing that bubble baths are the most relaxing and enjoyable parts of my day.
- ❖ Feeling stressed and worried and anxious whenever I do not have time to take a relaxing and soothing bubble bath.
- ❖ Remembering that taking a floral and feminine bubble bath allows me to face my future with confidence and happiness and excitement.
- ❖ Fantasizing about bathing with my sexy and hunky and dominant lover.
- ❖ Remembering to moisturize my smooth body with floral and feminine lotions in order to keep myself feeling confident and girly and beautiful all day.



- ✧ Remembering how I have always loved the smell of pretty and feminine and floral scents.
- ✧ Remembering that a soothing and feminine and luxurious bath always helps me calm down and relax whenever I am feeling stressed or anxious or worried.
- ✧ Craving to smell any girly scented candle that I come into contact with.
- ✧ Intuitively knowing that I crave to surround myself with all of the feminine the things that make me happy.
- ✧ Taking a relaxing and luxurious bubble bath surrounded by my favorite soothing and feminine and floral candles.
- ✧ Feeling happy and excited and confident whenever I take the time to pamper myself.
- ✧ Loving the feeling of my smooth and soft and feminine skin.
- ✧ Craving to smell like a sexy and seductive and beautiful woman whenever I am out in public.
- ✧ Thinking about all of the wonderful relaxing and soothing and pleasurable bubble baths that I have taken in the past.
- ✧ Feeling comfortable and relaxed and happy whenever I take bubble baths.
- ✧ Intuitively knowing that taking a bubble bath is the most relaxing and soothing and comforting activity that I could possibly participate in.
- ✧ Feeling happy and relaxed and at peace whenever I bask in the warm, relaxing glow of candlelight.
- ✧ Feeling comfortable and happy and relaxed whenever I take bubble baths and daydream about being the most girly and feminine and beautiful I can possibly be in my perfect future.
- ✧ Remembering to try out new feminine soaps and lotions and candles whenever I see samples at the store.
- ✧ Feeling happy and excited and loved whenever I buy new soaps and lotions and candles for my bath.
- ✧ Fantasizing about lying in my comfortable and relaxing and feminine bubble bath with a glass of wine and my favorite girly magazines.
- ✧ Remembering that there is nothing better for my mental state than a relaxing bubble bath after a long and stressful day.
- ✧ Feeling confident and comfortable and happy whenever I smell like my favorite feminine body lotion.
- ✧ Feeling confident and happy and loved whenever I apply lotion to my smooth and delicate and feminine skin.
- ✧ Feeling happy and aroused and feminine whenever I take the time to shave my body during my comfortable and relaxing and pleasurable bubble baths..



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- ❖ Preferring to fill my bubble bath with luxurious and feminine and floral products.
 - ❖ Finding myself happy and content and relaxed whenever I surround myself in all of the things that make me feel comfortable and happy and loved in my life.
 - ❖ Feeling happy and comfortable and at peace whenever I am surrounded by candles and girly soaps and lotions.
 - ❖ Fantasizing about feeling soft and smooth and feminine after I shave my body completely.
 - ❖ Rewarding myself with a soothing and relaxing and pleasurable bubble bath whenever I have a hard and stressful and exhausting day.
 - ❖ Finding candles and lotions and scents to make my home smell girly and floral and feminine.
 - ❖ Craving to smell floral and feminine and sweet whenever I take a bath.
 - ❖ Feeling happy and relaxed and at peace whenever I am surrounded by flowers and floral scents.
 - ❖ Becoming happy and relaxed and comfortable whenever I am surrounded by soothing and floral and feminine smells.
 - ❖ Intuitively knowing that taking bubble baths in front of the television will help me to relax and unwind and enjoy my favorite girly shows.
 - ❖ Proud of how cute and adorable and girly I look whenever I take a relaxing bubble bath.
 - ❖ Reading a completely interesting and pleasurable and romantic novel while I relax in my soothing and comfortable and floral bubble bath.
 - ❖ Thinking about all of the ways in which I love to be feminine whenever I am taking a pleasurable and comfortable and relaxing bubble bath.