

Snickers Smoothie

Recipe makes 1 serving

Ingredients

- 6-8 Ice Cubes (100-150g)
- 1/2 cup Fat Free Fairlife Milk
- 1 scoop Legion Chocolate Protein Powder
- 2 Tbsp Powdered Peanut Butter
- 1 Tbsp Sugar Free Caramel Syrup



Instructions

1. Add all of your ingredients into a blender and blend until you reach your desired consistency.
2. Pour into a glass or shaker bottle.
3. Enjoy!

Nutrition Profile

- per serving -

Calories - 190
Fat - 2g
Carbohydrates - 10g
Protein - 35g
***Fiber - 0g**

   @zachcoen

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Notes

- **There isn't much to this smoothie and it's pretty low calorie. It makes a great snack, dessert, or post-workout shake.**
- **The crushed peanuts and other toppings in the picture are for aesthetic purposes only. But if you can always add these yourself if you'd like. If you are tracking calories, just account for the additional calories.**