

Eighth-note strum scratch paper

The arrows show the appropriate arm movement for the entire pattern. Above the 1+2+3+4+, write in an arrow each time you hit the strings and leave it blank each time you don't. Regardless of the sound of the pattern, your arm should always move like the black arrows below the 1+2+3+4+.

1 + 2 + 3 + 4 +
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1 + 2 + 3 + 4 +
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