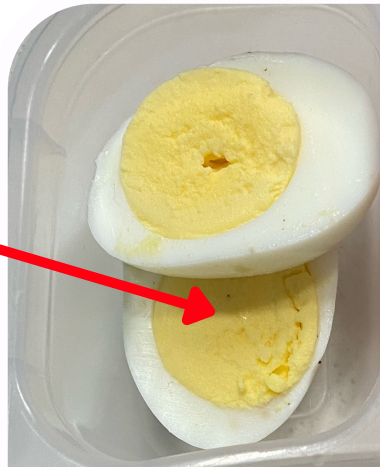
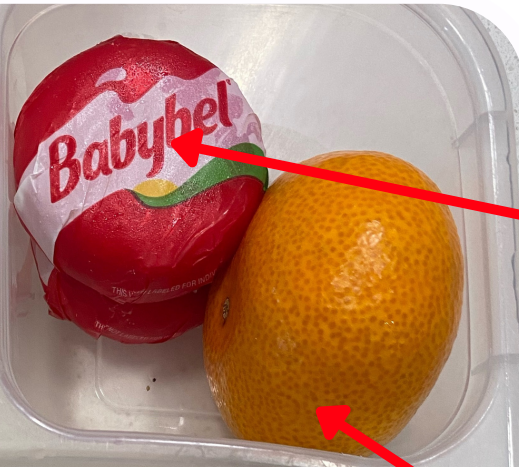


Protein Oatmeal Bento Box

1 Boiled Egg
70 Calories
5g Fat
0g Carbs
6g Protein



2 Babybel
140 Calories
12g Fat
0g Carbs
10g Protein



1/2 C Oatmeal
150 Calories
3g Fat
27g Carbs
5g Protein



1 Mandarin
50 Calories
0g Fat
16g Carbs
1g Protein

1/2 Bottle Fairlife Protein Shake
75 Calories
1g Fat
2g Carbs
15g Protein

1 tsp Craisins
8 Calories
0g Fat
2g Carbs
0g Protein

Nutrition Profile

Calories - 493
Fat - 21g
Carbohydrates - 47g
Protein - 37g

  @zachcoen

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