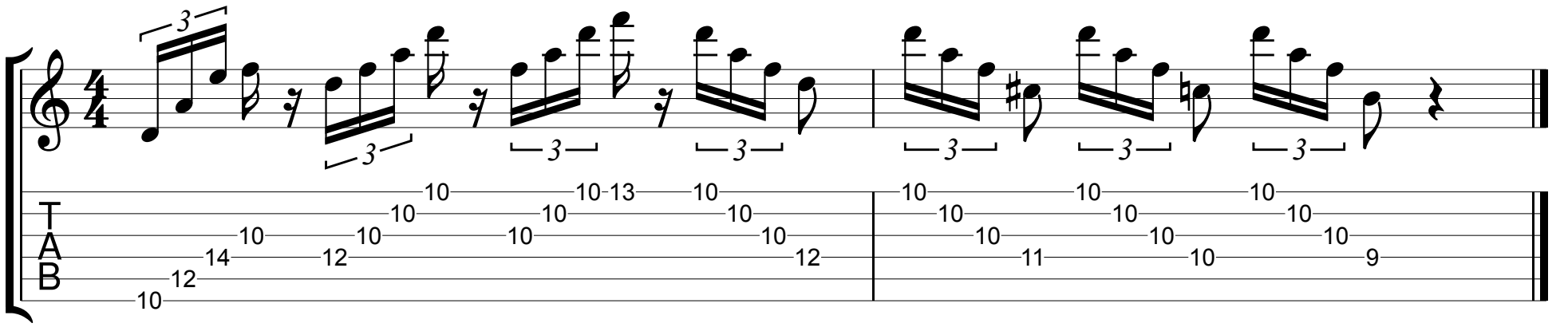
I'm so sick of this...

Shred